



## PARISH OF ST TERESA OF AVILA

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**SUNDAY 8 MARCH 2020 SECOND SUNDAY OF LENT (A) WEEKDAYS 2**

**Sunday Mass Holy Spirit 5pm (Vigil) St Matthias' 10am St Teresa of Avila 12pm**  
**(St Michael's Sunday 6pm) Weekday Masses St Teresa of Avila Monday – Saturday 10am**

**Reconciliation -Holy Spirit** before Mass, or on request.

5pm Vigil Mass in Holy Spirit Church this week will be the "Do This in Memory Mass"  
(There will be 7am Mass in St Michael the Archangel Church each weekday during Lent.)

**OFFERTORY COLLECTION** Weekly Collection £1324.65 Monthly Stipend £1158.00 **Thank you.**

*From the wilderness of the desert, Jesus takes his disciples to a high mountain and just as the wilderness showed his humanity, the mountain heights show his divinity. Jesus, as the Son of God, shows the true nature of all humanity. We are called to the greatness of God, called into his life, and that happens when we rely on his power. God's power comes to us in many different ways: in our prayer, in reading the bible, in the presence of his followers, in the sacraments. God's power is also made known to us in his creation, in times and seasons. We are called to look out, to watch for the Lord who comes to save us and to do this we return to the example and teaching of Christ, to pray, to fast and to be charitable. On the mountain you were transfigured, O Christ God, and your disciples beheld your glory as far as they were able so that when they would behold You crucified, they would understand that Your suffering was voluntary, and would proclaim to the world, that You are truly the radiance of the Father.*

**From Trocaire** 'A Prayer for Our Earth' by Pope Francis. All-powerful God, you are present in the whole universe and in the smallest of your creatures. You embrace with your tenderness all that exists. Pour out upon us the power of your love, that we may protect life and beauty. Fill us with peace that we may live as brothers and sisters, harming no one. O God of the poor, help us to rescue the abandoned and forgotten of this earth, so precious in your eyes. Bring healing to our lives, that we may protect the world and not prey on it, that we may sow beauty, not pollution and destruction. Touch the hearts of those who look only for gain at the expense of the poor and the earth. Teach us to discover the worth of each thing, to be filled with awe and contemplation, to recognise that we are profoundly united with every creature as we journey towards your infinite light. We thank you for being with us each day. Encourage us, we pray, in our struggle for justice, love and peace.

**Eucharistic Adoration at St Teresa of Avila Church.** As part of the Lenten 2020 programme Eucharistic Adoration will take place in St Teresa's Church from Friday 28 February. Adoration will begin with the exposition of the Blessed Sacrament after 10am Mass until 6pm. 14 parishioners are needed to maintain a vigil during this period. If you are interested in participating please leave your name and details of the time you will be available to the parish office or call to the sacristy after any Mass. Alternatively, you can give your details to any member of the Parish Pastoral Council.

### REST IN PEACE

**Recently Deceased** Fiona Keatings & Christopher Ferguson

**Months Mind** Teresa (Betty) Mc Kenna, Phyllis Hillen & Maureen Mc Aneney

**Anniversaries** Josephine, Owen & Sean Hughes, Betty Devlin, Veronica Murray, Kathleen Donnelly, Patrick Gribben, Ciaran Gallagher, Una Magee (nee Ewings), Charles & Margaret Sloan, Patsy Mc Grogan

**CANDLES WILL BURN THIS WEEK** Susanna Morgan (R.I.P.)

**Health Care Advice and Best Practice** In the light of advice from the Public Health Agency and today's communication from the Irish Episcopal Conference Secretariat the Bishop would ask you to: **Suspend the Sign of Peace, During Mass only the celebrant should receive from the Chalice, Holy Communion should be administered into the hands only and not onto the tongue, Holy water fonts should be drained and not used. The Extraordinary Ministers of Holy Communion should wash their hands with particular care before and after distributing Holy Communion. If you would like to receive a Reduced Gluten Host please ask.**

**ENVIRONMENTAL EVENINGS** during Lent in St Teresa's Parish Centre on how we, as a Christian family, can lessen our impact on the environment. Tea and refreshments will be provided.

**Thursday, 12 March at 7:30pm** - Single Use Plastic - **Thursday, 19 March at 7:30pm** - 'Enough-ness' led by our Keynote Speaker, Dymna Mallon.

**One Day Retreats at Lough Derg** Enjoy the serenity of the island hallowed by centuries of faithful Pilgrim Prayer. Typically One Day Retreats are available on certain days in the months of May, late August and September each year. One Day Retreats will begin in May 2020 Saturday 2nd, 9th & 23rd May Sunday 3rd, 17th & 24th May Monday 4th & 25th May Tuesday 12th & 19th May **On Sunday 17 May 2020 families are welcome.** Faith activities are tailored for children & young teens. **Admission** Includes all refreshments, lunch, return boat service, ministry services, free car & coach parking 2020 Admission €45/£40, concessions for groups. Booking essential.

**SLOW DOWN FOR LENT Led by Breige O'Hare** SATURDAY 28 MARCH 11AM – 3.30PM CLONARD MONASTERY This time of gently guided prayer, good music and laughter will give you a chance to declutter and rest. No small group chat, just you and God, taking time out together. Bring your own lunch. Tea and coffee provided. Donation £5. Booking is essential. Ring Clonard at 90445950.

**PARISH DRAW JANUARY/FEBRUARY 2020** 1st £500 W Moreland, Gransha Pde. 2nd £200 R Murray, Norfolk Grove. 3rd £100 F Maguire, Tullymore Drive. 4th £100 H Mc Ananey, St Meryl Pk. 5th £100 M Donnelly, Ballydown Cr. 1st £500 J Brannigan, Gransha Pde. 2nd £200 Mr Mc Grath, Denewood Pk. 3rd £100 R Meehan, Andersonstown Cresc. 4th £100 C Mc Ananey, Coolnasilla Pk East. 5th £100 D Mc Greevey, Coolnasilla Park. Congratulations to all.

### LENTEN PIONEER PLEDGE

Many people choose to abstain from alcohol during Lent. Why not take this opportunity to perhaps help yourself or someone you know with an alcohol or drug problem by offering your sacrifice for freedom from addiction? Please consider taking the short term Lenten Pledge and make a difference to someone's life. Register your pledge with local Pioneers and say the daily prayer.

**PRAYER:** " I promise in honour of the Sacred Heart of Jesus and with the help of the Blessed Virgin Mary to abstain from all alcoholic drink during Lent."

Anam Cara Belfast, the organisation that supports bereaved parents, is holding it's monthly Parent Evening for bereaved parents on Wednesday 11th March at 7:20pm in the Crowne Plaza Hotel, Belfast, BT8 7XP. This event is free and open to all bereaved parents regardless of the age your child died, the circumstances of their death, or whether their death was recent or not.

**What are you doing for Lent?** This year why not travel with Jesus as he enters into his passion? **'No Greater Love'** is a Lenten programme, based around a series of short films shot on location in the Holy Land. Over five weeks we are given the opportunity to walk step-by-step with Jesus through the scriptures from the garden of Gethsemane to Mount Calvary. The short films are presented by Edward Sri who leads us on a biblical pilgrimage that reveals Christ's amazing love for us. This programme will be offered in 30 parish venues right across the diocese. If you would like to attend please contact your parish for further information. Please see our website for dates and venues. **'No Greater Love'** is an opportunity to prepare our minds and hearts as we prepare for the celebration of Easter. **"The Resurrection is the greatest message history has ever heard!" Pope Francis.** **Venues** St Joseph's Church, Hannahstown Sunday 1 March 5pm, Sunday 8 March 5pm, Sunday 22 March 5pm, Sunday 29 March 5pm, Sunday 5 April 5pm. St Oliver Plunkett, Parish Hall Tuesday 25 February 7pm, Tuesday 3 March 7pm, Tuesday 10 March 7pm, Wednesday 18 March 7pm.

**SMA** Retreat and Conference Centre, Dromantine LENTEN DAYS of Recollection 'Lord, open my heart as wide as it can open' led by Fr Damian Bresnahan SMA Sat. 14 March 9.30am – 5pm inc. Lunch - £25 'Remember – you're worth it' led by Fr John Gallagher SMA Sat. 28 March 9.30am – 5.00pm inc. Lunch - £25 **Holy Week Retreat** Wed. 8 – Easter Sun. 12 April The SMA Community, Dromantine invites you to join in reflectively celebrating the Easter Triduum, beginning with the Seder Meal. Cost £260 / £2

**Summer Madness** is a festival that brings together over 2,000 young people, from all religious backgrounds, across the island of Ireland to celebrate, connect and explore the significance of faith in today's world. It consists of 5-days camping at Glenarm Castle, Co. Antrim in which there are internationally renowned Christian Speakers and Worship Leaders who will engage, inspire and challenge your faith. Go to [www.summermadness.co.uk](http://www.summermadness.co.uk) for the full programme and more information or watch a promotional video [www.livingyouth.com](http://www.livingyouth.com)